

"Living Realty "



Nejume and His Holiness The Dalai Lama In Dharamsala, India.



From my heart
Nejume

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*Important Note: The information provided in this brochure, and the offered treatments should **not** be used as a substitute for the medical care and advice of your medical doctor.*

Call Nejume today for a
Confidential Consultation:
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*Increase your Focus,
Productivity, Energy, &
Emotional Health*



Nejume

Nejume

Creator of the Celebrated
Nomi-Meditation

Reiki Master (RM)
Certified Hypnotherapist (CHT)
Regression Specialist (DRS)
Yoga Breathing Expert
Minister of Universal Church
Doctor of Religious Science

Nejume has been using the ancient wisdom available through these technologies to increase the energy, focus, productivity, and emotional health of her patients and students from around the world for over 18 years.

We look forward to seeing you soon!

Therapy & Teachings available at Nejume's

For appointments, please call **(305) 495-0944** or e-mail **Nejumeart@aol.com**

Increase your Focus, Productivity,
Energy & Emotional Health

With Nejume

Nejume has at her disposal ancient and modern healing technologies of **Reiki, Hypnotherapy, Regression, Yoga Breathing, and the celebrated *Nomi-Meditation.***

Classes & Sessions include:

- ☉ Reiki Certification
- ☉ Stress-Reducer Meditation
- ☉ Creative Visualization
- ☉ Self-Healing
- ☉ Yoga-Breathing
- ☉ Regression Answer Sessions
- ☉ Hypnotherapy to Quit Smoking, Lose Weight, Sleep Disorder and Release Addictions
- ☉ Healing of Anxiety

Nomi-Meditation

Classes:

Learn to meditate with Nejume's renowned Nomi-Meditation. Classes will teach you to meditate while you cook, clean, exercise and eat. See your life with a new awareness and freshness. You will be more relaxed and happy.

靈氣 Reiki



Dr. Mikao Usui
Rediscovered Reiki in the mid-1800s

REIKI
(RAY-KEE)
UNIVERSAL LIFE ENERGY

- ☉ Wellness Balance
- ☉ Well-Being
- ☉ Inner Peace
- ☉ Harmony.

REIKI is a very ancient Tibetan healing sacred technique, developed by Tibetan monks over 2,500 years ago.

It is based on the energy that emanates from the hands of REIKI Masters, channeling it through themselves into those who are in need.

REIKI releases the accumulated stress, heals the body, the mind and the spirit on the physical, mental, emotional and spiritual paths.

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